

Playing Better Soccer is More Fun

Chapter Summary

1. Introduction.
 - PE teacher and small-sided games models.
 - Basic elements of the game.
2. Playing with the elements.
 - The game.
 - Teams.
 - Goals.
 - The field.
 - The rules.
 - The ball.
3. Numbers.
 - Thirds of the field.
 - The lines.
 - Principles of play.
 - 1v1 through 8v8.
 - Neutral players.
4. Tasks and responsibilities.
 - Style of play.
 - Tasks and responsibilities.
 - Basic tasks.
 - Supplemental tasks.
 - Four main moments.
5. Why goals are scored.
6. Defending.
 - Individual defending.
 - Team pressurizing.
7. Attacking.
 - Stretching the opponents.
 - Creating and using space.
8. Technique.
 - Passing.
 - Receiving.
 - Dribbling.
 - Measuring improvement.

9. Coaching.

- The coach as a doctor.
- Stages of learning.
- Evaluating players.
- Evaluating teams.
- Substitutions.

10. Coaching mentality.

- Defining mentality.
- Concentration.
- Decisions.
- Vision.

11. Games.

- Playing through the thirds of the field.
- Basic technical games.
- Styles of play.
- Teamwork and communication.
- Laws of the game.

12. Festivals and tournaments.

13. Odds and ends.

14. Appendix. Forms ready for copying.

- Soccer problem worksheet.
- Practice organizer.
- Player evaluation sheet.
- Team-match evaluation guide. Two pages.
- Substitution control sheet.
- Tournament schedule.
- Festival score sheet.
- Single field.
- Two fields.
- Four fields.